



<http://charliwheeler.me>

SELF  
♥  
CARE

I AM  
WORTH IT  
365 DAY  
PLANNER



# JANUARY

One thing that happened last month that boosted my confidence...

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This month, my improved confidence goal is to...

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## IMPORTANT THINGS TO REMEMBER

BUSINESS	PERSONAL	FAMILY

Positive Pep-Talk

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Today, I will increase my confidence level by...

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TOP PRIORITIES	

Today I release this negativity...

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Positive Pep-Talk

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Positive Pep-Talk

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Positive Pep-Talk

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TOP PRIORITIES	

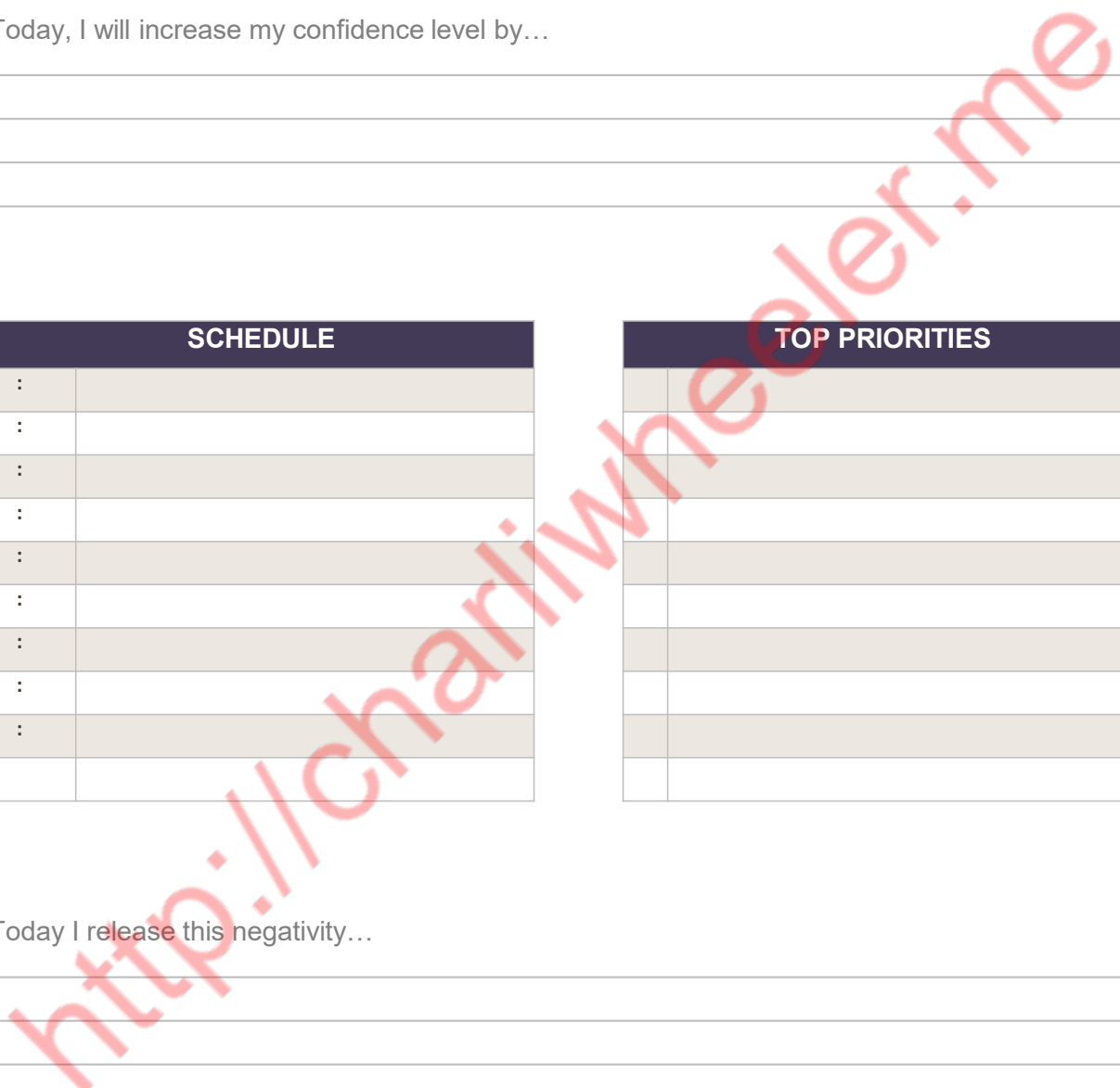
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Positive Pep-Talk

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# FEBRUARY

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BUSINESS	PERSONAL	FAMILY

Positive Pep-Talk

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TOP PRIORITIES	

Today I release this negativity...

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Positive Pep-Talk

Four horizontal lines for writing a positive pep-talk.

Today, I will increase my confidence level by...

Four horizontal lines for writing ways to increase confidence.

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TOP PRIORITIES	

Today I release this negativity...

Four horizontal lines for writing negativity to be released.

Positive Pep-Talk

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Today, I will increase my confidence level by...

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Positive Pep-Talk

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Positive Pep-Talk

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Positive Pep-Talk

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**MARCH**

One thing that happened last month that boosted my confidence...

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**IMPORTANT THINGS TO REMEMBER**

BUSINESS	PERSONAL	FAMILY



Positive Pep-Talk

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TOP PRIORITIES	

Today I release this negativity...

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Positive Pep-Talk

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Today, I will increase my confidence level by...

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Positive Pep-Talk

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TOP PRIORITIES	

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**APRIL**

One thing that happened last month that boosted my confidence...

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This month, my improved confidence goal is to...

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**IMPORTANT THINGS TO REMEMBER**

BUSINESS	PERSONAL	FAMILY



Positive Pep-Talk

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TOP PRIORITIES	

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**MAY**

One thing that happened last month that boosted my confidence...

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This month, my improved confidence goal is to...

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**IMPORTANT THINGS TO REMEMBER**

BUSINESS	PERSONAL	FAMILY

Positive Pep-Talk

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Positive Pep-Talk

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Positive Pep-Talk

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TOP PRIORITIES	

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Positive Pep-Talk

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Positive Pep-Talk

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BUSINESS	PERSONAL	FAMILY

Positive Pep-Talk

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Positive Pep-Talk

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Positive Pep-Talk

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Positive Pep-Talk

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Positive Pep-Talk

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TOP PRIORITIES	

Today I release this negativity...

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Positive Pep-Talk

Four horizontal lines for writing a positive pep-talk.

Today, I will increase my confidence level by...

Four horizontal lines for writing a plan to increase confidence.

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TOP PRIORITIES	

Today I release this negativity...

Four horizontal lines for writing about releasing negativity.

Positive Pep-Talk

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Today, I will increase my confidence level by...

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SCHEDULE	
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TOP PRIORITIES	

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Positive Pep-Talk

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Positive Pep-Talk

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Positive Pep-Talk

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TOP PRIORITIES	

Today I release this negativity...

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Positive Pep-Talk

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TOP PRIORITIES	

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**AUGUST**

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This month, my improved confidence goal is to...

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**IMPORTANT THINGS TO REMEMBER**

BUSINESS	PERSONAL	FAMILY

Positive Pep-Talk

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**SEPTEMBER**

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**IMPORTANT THINGS TO REMEMBER**

BUSINESS	PERSONAL	FAMILY

Positive Pep-Talk

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**OCTOBER**

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**IMPORTANT THINGS TO REMEMBER**

BUSINESS	PERSONAL	FAMILY

Positive Pep-Talk

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TOP PRIORITIES	

Today I release this negativity...

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Positive Pep-Talk

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**NOVEMBER**

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This month, my improved confidence goal is to...

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**IMPORTANT THINGS TO REMEMBER**

BUSINESS	PERSONAL	FAMILY

Positive Pep-Talk

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**DECEMBER**

One thing that happened last month that boosted my confidence...

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**IMPORTANT THINGS TO REMEMBER**

BUSINESS	PERSONAL	FAMILY

Positive Pep-Talk

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